

# Intestinal Health Protocols developed by Sean Devlin DO, MD(H), MS

**Gut Dysbiosis: Candida, Irritable Bowel Syndrome, Leaky Gut, Crohn's Disease, Colitis, Diverticulitis, SIBO and C-Diff.**

1. In a glass, mix 2 tablespoons (1oz) bio-active silver hydrosol with 2 tablespoons (1oz) pure Aloe Vera Juice - swallow straight into an empty stomach 30-60 minutes before breakfast, one hour before lunch and one hour before dinner, unless part of your therapy includes fasting.
2. While employing this protocol, take a high-quality probiotic every night before going to bed. When mixing a pure bio-active silver hydrosol with Aloe Vera juice, and swallowing straight to an empty stomach, there will be some impact to the good flora as this mixture attacks harmful flora. The body is all about balance.
3. To offset the chance of a commonly-known die-off reaction or healing crisis, called a Jarisch-Herxheimer event, due to the interactivity of the silver hydrosol with anything pathogenic, take a 200 mcg or 400 mcg supplement of a high-quality selenium daily and 400 to 800 IU of natural Vitamin E once a week. These are only to restore nutrients which interact with silver in trace amounts. Examples of quality selenium are: selenomethionine, methyl-selenomethionine, selenocysteine, or a whole food selenium. These can assist in preserving healthy bacteria and help you maintain a good nutritional balance.

\*\*This program can run from 2 weeks to 8 weeks or longer. At the rate above, three 16oz bottles of bio-active silver hydrosol will be required every 2 weeks. This program can also be used in conjunction with a 72 hour water/green tea fast at the beginning and close of the treatment cycle. Remember to always consult with your doctor prior to initiating a fast.

**Note:** A lighter (120lbs or less) person should mix 1 tablespoon of bio-active silver hydrosol, with 1 tablespoon of Aloe Vera juice - also taken 3 times daily. The rest of the protocol is followed as detailed above. Always follow up with your personal physician for any concerns or questions you may have concerning this process.

## Food Poisoning

1. Swallow 1-2 tablespoons of bio-active silver hydrosol every 15 minutes, straight to the stomach. **After the first hour**, reduce the 1-2 tablespoon dosing to once every 30 minutes. The pain and discomfort, bloating, nausea, vomiting and unease should immediately begin to decrease. The stomach/small intestine issues related to bacterial-based food poisoning should resolve in less than 4 hours. If symptoms continue or worsen follow up with your physician as soon as possible.
2. In certain situations, the quantity of bacteria present is so high during food poisoning that their sudden mass-death from exposure to the bio-active silver hydrosol can initiate a rapid release of bacterial toxins, which, in turn, can stimulate a vomit reaction. In such event, this is a good scenario, even though vomiting is unpleasant. Simply take another dose of the bio-active silver hydrosol as soon as you can. Consider using ginger if nausea does not resolve. The bacterial toxin reaction can only happen once, unless you are re-exposed, and is evidence of the bio-active silver hydrosol's effectiveness.

**Sean Devlin, DO, MD(H), MS Bio**

*Dr. Devlin is a board-certified family practice physician and is board eligible in emergency medicine (BCEM). He is fellowship trained in neuromuscular medicine and anatomy and has extensive*

*experience in pain management and functional medicine. Dr. Devlin is also trained as a homeopathic medical doctor and has been board certified since 2002. Board certified in anti-aging medicine and regenerative medicine, he is also fellowship trained in anti-aging, regenerative and functional medicine.*

*Dr Devlin has completed a fellowship in Integrative Cancer Therapeutics. He is an experienced IPTLD (Insulin Potentiated Therapy -- Low Dose High Frequency Chemotherapy) practitioner and received his IPT training and certification in 2003. He is also a certified IPTLD instructor (since 2006) and has educated clinicians and helped establish integrative cancer medical practices around the country.*

*Dr. Devlin has traveled extensively abroad to study and evaluate unique and progressive cancer therapies and integrative medical techniques. Dr. Devlin's broad knowledge base and open-minded approach to the practice of medicine allows his patients to receive effective and individualized care.*